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Morning Coffee

By Diana Cormack

Regular customers have been welcoming the return of Caffè Mobile to the concourse of East Finchley station after a six-month gap. It is now being run by Nabil Bouzar and his partner, Zac, but the coffee should be of the same high quality because Nabil says that he trained with Leo Amoruso, the previous owner.



Nabil Bouzar photo by Erini Rodis

Caffè Mobiles are to be found at The Angel, Highbury and Islington and Belsize Park and claim to serve coffee of the highest flavour because they grind the beans the Italian way, by hand on site. Nabil, who comes from Algeria and lives with his French wife in Finchley Central, has been in the coffee trade here for nearly nine years. He serves coffee daily except for Sundays from 6.50 am to 1.30 pm.

Moving on

After 16 years in London, Leo himself has moved on. Last September, in a story which could well have featured on TV's *A Place in the Sun* or *No Going Back*, he and his family set off for Italy with another young family. The children attend the local village

school and, like their Cornish mother, are rapidly becoming fluent in Italian. The adults have been busy renovating the place of their dreams, a traditional farmhouse set in relaxing and peaceful surroundings between the mountains and the sea on the beautiful coast of Liguria. Leo says that here their guests will experience the real Italy when they open as Castagnola 64 Bed and Breakfast in May.

If you want to know more about Leo's new venture you can take a look at his website at www.castagnola64.com. He is offering ARCHER readers a 20% discount on room prices, so don't forget to mention that if you decide to book.

Above:
Nabil takes a coffee break.
Photo by Erini Rodis

Responsibility

By Mal Jacobs

Responsibility in life is at all levels of society. For some there is too much, for others not enough. It can increase or decrease, it can be liked or disliked, respected or rejected, used or unused. For some it means the power to control or manipulate. For most of us it starts when we are born, as we soon learn the effects of waking our parents during the night and ends by us having to get our affairs in order ready for the next trip!

Most Seniors can remember bygone times when respect and responsibility in society were quite the normal facts of life. Over the years we have all seen these principles somewhat eroded to reach a point where today it influences the actual life style we lead.

None of us wants to turn the clock back totally or stop young peoples' energy, but the current imbalance demands more input from the Senior generation.

Seeds for the future

Fortunately we can all recall 'special people' with vision who gave us all an incentive, not only to survive in times of great hardship, but who also planted the seed for life to get better as time went on. Looking

back it seems almost beyond comprehension – the gigantic achievements that this small island accomplished in our time. How different that same nation is today, with bland faces and no knight in shining armour bearing a seed or a vision on the horizon.

The moral being: We are not dead until we die so at least do some living whilst alive! That means keeping mind and body healthy plus getting involved in things with other people. For some it's harder than others but not impossible! Responsibility used sensibly can be a power for good and make a much happier world for us all whoever we are, now that's quite some responsibility.

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